

**BEIT**

**TEFILLAH**



***CHAMEITZ***

**FOR THE PRACTICAL**

**NAZARENE**

# Is it Kosher for Passover?

*What you can keep & what to eat before Passover....  
so you don't have to toss it out*

**There are a variety of traditions from various sects of Judaism about what is, and what is not “kosher for Passover.”**

**This goal of this short presentation is to inform the Torah Observant believer in Yeshua HaMashiach of some of the these views and traditions, and finally, to present some of my conclusions. Please feel free to comment back and discuss.**

**Let's start with some Scripture.....**

# ***Eat Matzah, Cause Leaven to Cease***

**Shemot/Exodus 12:15** (ISR'98) 'Seven days you shall eat unleavened bread **מִצּוֹת** (*matzot*, plural of *matzah*). Indeed on the first day **בַּיּוֹם הָרִאשׁוֹן** (*bayyom harishown*) you cause leaven **שֵׂאֵר** (*se'or*) to cease from your houses **מִבְּתֵיכֶם** (*mibateichem*). For whoever eats leavened bread **חֶמֶץ** (*chameitz*) from the first day until the seventh day, that being **הַנֶּפֶשׁ** (*hannefesh*) shall be cut off from Yisra'el.

# Comparison

**Shemot/Exodus 12:15** (ISR'98) 'Seven days you shall eat unleavened bread **מַצּוֹת** (*matzot*, plural of *matzah*). Indeed on the first day **הַרְאֲשׁוֹן** **בַּיּוֹם** (*bayyom harishown*) you cause leaven **שְׂאֵר** (*se'or*) to cease from your houses **מִבְּתֵיכֶם** (*mibateichem*). For whoever eats leavened bread **חָמֵץ** (*chameitz*) from the first day until the seventh day, that being **הַנֶּפֶשׁ** (*hannefesh*) shall be cut off from Yisra'el.

**Shemot/Exodus 12:15** (CJB) “For seven days you are to eat *matzah*- on the first day remove the leaven from your houses. For whoever eats *hametz* [leavened bread] from the first to the seventh day is to be cut off from Isra'el.”

# ***No Leaven is to be Found***

**Shemot/Exodus 12:19** (ISR'98) 'For seven days no leaven is to be found **שֵׁאֵר לֹא יִמָּצֵא** i (se'or lo' yimatzei') in your houses, for if anyone eats what is leavened **מִחֶמֶצֶת** (mach'metzet) that same being shall be cut off from the congregation of **מֵעֲדַת** (me'adat) Yisra'el, whether sojourner **בִּגֵּר** (bageir) or native of the land.

# ***Leaven is Not to Be Seen***

**Shemot/Exodus 13:7 (ISR'98)**

“Unleavened bread (*matzot*) is to be eaten the seven days, and whatever is leavened (*chameitz*) is not to be seen with you **וְלֹא-יֵרָאֶה** (*velo' yeira'eh*) and leaven (*se'or*) is not to be seen with you (*velo' yeira'eh*) within all your border **בְּכָל-גְּבוּלְךָ** (*bekhal-gevulekhah*).

# ***The Pesach Cannot Be Sacrificed in OK, TX or even CA***

**Devarim/Deuteronomy 16: 4-8 (CJB)** <sup>4</sup> No leaven is to be seen with you anywhere in your territory for seven days. None of the meat from your sacrifice on the first day in the evening is to remain all night until morning.

<sup>5</sup> You may not sacrifice the *Pesach* offering in just any of the towns that *ADONAI* your God is giving you; <sup>6</sup> but at the place where *ADONAI* your God will choose to have his name live-there is where you are to sacrifice the *Pesach* offering, in the evening, when the sun sets, at the time of year that you came out of Egypt. <sup>7</sup> You are to roast it and eat it in the place *ADONAI* your God will choose; in the morning you will return and go to your tents. <sup>8</sup> For six days you are to eat *matzah*; on the seventh day there is to be a festive assembly for *ADONAI* your God; do not do any kind of work.

# ***The Seder without Chameitz in Corinth, Greece***

**1 Corinthians 5: 6- 8** (CJB) 6 Your boasting is not good. Don't you know the saying, "It takes only a little *hametz* to leaven a whole batch of dough?" 7 Get rid of the old *hametz*, so that you can be a new batch of dough, because in reality you are unleavened. For our *Pesach* lamb, the Messiah, has been sacrificed. 8 So let us celebrate the Seder not with leftover *hametz*, the *hametz* of wickedness and evil, but with the *matzah* of purity and truth.



# Points of Contention

- ***Chameitz vs. Chomeitz Yayin***
- **Baking soda & Baking powder**
- ***Kitniyot***
- **Cheese and Yogurt**
- **Autolyzed and Hydrolyzed yeast extracts**

# Points of Contention

**Which types of grain can be made into *chameitz*?**

Wheat, spelt, barley, oats, rye (to which some Karaite Jews add millet). The test is “if mixed with water, do they leaven, or do they spoil?”

# Points of Contention

## *Chameitz vs. Chomeitz Yayin*

Some Karaites argue that *chameitz* is “fermentation,” and refers not only to the leavening of grains but any fermentation or souring process. Based on this reasoning, they forbid anything fermented including wine and all milk products such as yogurts and cheeses. Some include lentils and rice in this list of forbidden items.

# Points of Contention

## *Chameitz vs. Chomeitz Yayin*

This Karaite view points out that in biblical Hebrew vinegar is called “*Chomeitz Yayin*” meaning “leavened-wine” (or “soured wine”). Karaite Nehemia Gordon remarks that forbidding wine “is somewhat surprising given that vinegar is called ‘leavened-wine’ (implying that the difference between wine and vinegar is that the latter is leavened but the former is not!).”

# Points of Contention

## *Chameitz vs. Chomeitz Yayin*

Bamidbar/Numbers 6:3

<sup>3</sup>he shall abstain from wine and any other intoxicant; he shall not drink **vinegar** (chomatz **חֹמֶץ**) of wine or of any other intoxicant, neither shall he drink anything in which grapes have been steeped, nor eat grapes fresh or dried.

This is the Nazir. We see that he may not drink of Chometz (fermented) Yayin (wine). Since wine itself is fermented but never referred to as Chametz then Chometz while dealing with the similar idea of Leavened is not in and of itself the same as Chametz.

Source: <http://www.karaitejudaism.org>

# Yeshua and Wine/Vinegar

- The description of the Passover in the gospels use the term fruit of the vine (*perei hagafen* in the DuTillet Matthew Text, and similarly in Shem Tov Matthew, Matthew 29:29) which could be either wine or grape juice.
- However, all the Gospels speak of Yeshua drinking wine vinegar (sour wine) at His crucifixion just before He died. This proves that vinegar and vinegar products are not prohibited during Passover week because:
  - Yeshua never sinned, not even in the last seconds of His life
  - The Oral Tradition forbids consuming *chameitz* after noon on Passover. If vinegar was prohibited during Passover in the 2<sup>nd</sup> Temple period, Observant Jews would NOT have had it in their possession to offer to Yeshua.
  - If Yeshua had sinned, He could not have been a perfect, sinless sacrifice
- From Matthew 29:29 in DuTillet Hebrew Matthew and Shem Tov Hebrew Matthew, respectively

פְּרֵי הַגָּפֶן

מִפְרֵי הַגָּפֶן

# Points of Contention

## *Vinegar*

Vinegar made from grapes would have the same status as wine – if it's not made from the 5 (or 6) grains, it is not prohibited for Pesach/Chag HaMatzot.

Balsamic Vinegar is a grape product.

Malted Vinegar is a barley product, and not K for P.

Black Vinegar is a Chinese vinegar usually made from the 5 (or 6) grains, so not K for P, but can be made from rice.

Rice is not one of the 5 (or 6) grains.

# Points of Contention

## *Baking Soda and Baking Powder*

Question: Is baking soda, a chemical leavening agent, actually so'ar? That is a good question since they did not exist during the time of Yisrael and the Navi and Gadol Cohen are not present today. We have to decide for ourselves whether to use it or not. For Yisraelim, Yeast would have been the only leavening agent of their days.



# Orthodox Judaism considers Baking Soda Kosher for Passover

ITEMS LISTED IN THIS SECTION ARE Ⓢ CERTIFIED FOR YEAR-ROUND USE AND ARE KOSHER FOR PASSOVER EVEN WITHOUT SPECIAL PASSOVER CERTIFICATION.

VISIT [WWW.ROUPASSOVER.ORG](http://WWW.ROUPASSOVER.ORG)

## ALUMINUM FOIL & PANS

ACME  
ALBERTSON'S  
ALCOA  
ALWAYS SAVE  
AMERICA'S CHOICE  
AMERICAN FARE  
BAYVIEW  
BEST CHOICE  
BEST YET  
BESTWAY  
BETTER VALUE  
BEYOND  
BI-LO  
BI-RITE  
CATER-TIME  
CUB FOODS  
DASHUN  
DIAMOND  
DIAMOND BILINGUAL  
DOMINICK'S FINER FOODS  
DURABLE  
ELECT HOME  
EQUALITY  
EXCEPTIONAL VALUE  
FIRST MARK  
FOOD CLUB  
FOOD LION

GUARANTEED VALUE  
HANDI-FOIL  
HANNAFORD BROS.  
HERITAGE HEARTH  
HOME LIFE  
HOMEBEST  
H-T  
HUA FANG  
HY-TOP  
IGA  
IVEX  
JEWEL  
J.W. ALUMINUM  
KASH N' KARRY  
KEY FOOD  
KING KULLEN  
KING ZAK  
KRASDALE  
KROGER  
LAURA LYNN  
LOFTEN  
MARKET BASKET  
MARKET CHOICE  
MAXX VALUE  
MEIJER  
MONOGRAM  
MULTI CHOIX  
NICOLE HOME COLLECTION  
OUR FAMILY  
PARADE

PRO PAK  
PUBLIX  
RALEY'S  
RALPH'S  
RANCH WAGON  
RANDALL'S REMARKABLE  
REAL VALUE  
RED & WHITE  
REDI-PAN  
REYNOLDS  
RICHFOOD  
RITE AID  
ROUNDY'S  
RUAL  
RUSAL ARMENAL  
RUSAL SAYANAL  
SAFEWAY  
SHAM ROCK  
SHAW'S  
SHOP & SAVE  
SHOPPER'S VALUE  
SHOPRITE  
SHOULONG  
SHUR SAVINGS  
SHUR-FINE  
SHURFINE CENTRAL  
SILVER RAPIDS  
SMITH'S  
SOUTHERN HOME  
SPECIAL VALUE

TARGET  
THRIFT PAK  
TOPCREST  
TOPS  
ULTRA FOIL  
URAL FOIL  
VALU TIME  
VALUE BUY  
VALUE CHOICE  
VALU-REY  
VON'S  
WALGREENS  
WEGMAN'S  
WEIS QUALITY  
WESTCOTT  
WESTERN FAMILY  
WHITE ROSE  
WHOLE FOODS MARKET  
WINN DIXIE

## BABY FOOD

GERBER 2ND FOODS 4 OZ.  
Carrots, Green Beans, Peas, Squash

## BAKING SODA

ARM & HAMMER  
GEFEN  
AB MAURI  
AMERICA'S CHOICE  
AUNT PATTY'S

FINAST  
FIRST STREET  
FRED'S  
GEFEN  
GIANT  
GFS  
KARLINS FINEST  
LESOHVA FOODS  
MONARCH  
PRICE RITE  
SHOP RITE  
TONE'S

## CANDLES

MANISCHEWITZ  
Sabbath Candles,  
Memorial Candles (Glass & Tin)  
MISHPACHA  
Candles, Tea Lights  
OSEM  
Glass Memorial Candles,  
Tin Memorial Candles,  
Shabbat Candles, Deluxe  
Shabbat Candles, Flat  
Havdalah Candles, Round  
Havdalah Candles

ROKEACH  
Neriot Refill Candles,  
Sabbath Candles,  
Memorial Tumblers,  
Yahrzeit Tumblers,  
Tea Lights

## CLEANING

# Orthodox Judaism considers that Baking Powder *Can* be Kosher for Passover

76



PRODUCTS BEARING  P OR  KOSHER FOR PASSOVER

Table Syrup Single Serve,  
Diet Pancake Syrup Single Serve

## WOEBER

Horseradish, Beet Horseradish;  
SALAD DRESSINGS: Portion  
Controlled Pouches - French,  
Italian, Diet French

## YEHUDA

Babaganoush, Matbucha

## COOKING & BAKING

### AMERICA'S CHOICE

Honey

### ARM & HAMMER

Baking Soda

### ATLAS

Honey

### BARTENURA

Apple Cinnamon, Carrot, marble,  
Sponge, Nut, Coffee Crumb,  
Yellow, Chocolate, Brownie  
Fudge, Frosting, Egg Kichel Mix,  
Cookie Mix, Blueberry Muffin,  
Honey Raisin Muffin;  
DIET CAKE MIXES: Brownie  
Fudge, Yellow, Chocolate, Coffee  
Crumb, Passover Crumbs

### FOODTOWN

Honey

### GEFEN

Baking Powder, Baking Soda,  
Cocoa Powder, Potato Starch,  
Sugar, Cocoa, Confectioner's  
Sugar, Vanilla Sugar, Sweet N'  
Low, Passover Crumbs, Tapioca  
Starch, Almond Butter, Sweet 'N'

Low Sweetener, Passover  
Flavored Crumbs;

CAKE MIXES: Chocolate,  
Yellow, Chocolate Chiffon,  
Marble, Brownie, Chocolate

Bake Honey Glazed, Coat 'N  
Bake Original, Coat 'N Fry,  
Coffee Whitener, Dark Brown  
Sugar, Extra Virgin Olive Oil,  
Honey, Honey Bear, Light  
Brown Sugar, Non Dairy  
Creamer, Olive Oil Extra Mild,  
Olive Oil Pomace, Potato Latke  
Mix, Topping, Vanilla Sugar  
Almond Butter, Cashew Butter,  
Cook Spray - Olive Oil

### HALUTZA

Olive Oil

### HASHACHAR HAOLE

Cocoa Powder

### HEALTH GARDEN

Xylitol

### HEINZ

Wine Vinegar, Garlic Wine  
Vinegar

EXTRA MOIST CAKE MIX:  
Chocolate, Yellow, Coffee,  
Marble;

HONEY: Clover, Orange  
Blossom, Wild Flower, Golden;

MUFFIN MIXES: Apple  
Cinnamon, Blueberry, Plain;

OIL: Buttery Cooking Spray,  
Garlic Olive Oil Cooking Spray,  
Vegetable Oil, Extra Virgin  
Olive Oil;

COOKING SPRAY: Olive Oil,  
Buttery, Garlic Olive, Vegetable  
Oil;

PIE SHELL: Coconut,  
Chocolate;

Potato Starch, Stuffing Mix,  
Balsamic Vinegar, Cider  
Vinegar, Potato Kugel Mix,  
Veggie Burger Mix, Sweet  
Potato Pancake Mix, Mini  
Potato Knish Mix, Reduced  
Sodium Potato Pancake Mix

# Points of Contention

## *Fermented Milk and Kitniyot*

But some of the fools in our times who pretend to be wise do not eat anything that ferments based on the verse 'no leaven shall you eat' such as fermented milk [i.e. yogurt, etc.] and fruits soaked in water; they also refrain from eating beans and rice and any type of 'seed' and this is because of their foolishness and their lack of knowledge..." [Elijah Baschyatchi (15th century)]

# Kitnyot

MADE INTO  
FLOUR/MEAL  
Peanuts  
Corn  
Mustard  
Buckwheat  
Rice  
Potatoes  
Sunflower  
Cottonseed  
Flaxseed  
Quinoa

GROWS IN POD  
Peas  
Soybean  
Bean  
Rapeseed

The OU has not taken a position about the use of quinoa on Passover and believes that this decision should be made locally. The information in this article is intended to enable an informed and enlightened conversation.

The *SHULCHAN ARUCH (Rema)* identifies several non-grain species as off limits for Ashkenazic Jews during Passover. These include mustard, lentils and peas. Two primary characteristics are used to describe *kitniyot*: 1) they grow in a pod and 2) they are ground into flour.

These traits are not absolute, and certain exceptions are made, prohibiting items that do not share these characteristics, and permitting others even though they fall under these categories....it is customary to use potatoes and cottonseed oils (except in Jerusalem) despite the fact that they are ground into flour. Peanuts were widely used in Russia despite the fact that they embody both characteristics of *kitniyot*.



# Points of Contention

## *Autolyzed Yeast Extract*

**Autolyzed yeast or autolyzed yeast extract consists of concentrations of yeast cells that are allowed to die and break up, so that the yeasts' digestive enzymes break their proteins down into simpler compounds.**

# Points of Contention

## *Autolyzed Yeast Extract*

“These are “neutral” forms of yeast that have nutritional value, but which are unable to make food rise. You will have to pray, and then listen for what He wants you to do, but in my understanding, Brewer’s Yeast and Autolyzed Yeast are not “active” forms of yeast. That is, because they are not able to make foods rise, they are not really what Elohim prohibits.”

Source: Norman Willis, <http://www.nazareneisrael.org>

# Points of Contention

## *Hydrolyzed Yeast Extract*

**Hydrolyzed yeast extract is another widely used food additive**, used for flavoring purposes.

### **Manufacture**

The general method for making yeast extract for food products such as Vegemite and Marmite on a commercial scale is to add salt to a suspension of yeast making the solution hypertonic, which leads to the cells shrivelling up; this triggers autolysis, in which the yeast self-destructs. The dying yeast cells are then heated to complete their breakdown, after which the husks (yeast with thick cell walls which wouldn't do the texture much good) are separated.

Source: <http://www.karaitejudaism.org>

# Points of Contention

## *Is Regular Flour Kosher for Passover?*

**Rabbinic Judaism answers:** No. If one of the five grains – wheat, barley, rye, oats and spelt – sits in water for more than 18 minutes it becomes *Chametz*, and one may not eat, derive benefit from or own it on Pesach. It is common practice that before wheat is ground into flour, the wheat kernels are tempered with water for many hours, and therefore flour should be treated as chametz. [In fact, Matzah which isn't baked especially for Pesach is made from tempered wheat and should also be treated as *chametz!*].  
(continued on next slide)



# Points of Contention

## *Is Regular Flour Kosher for Passover?*

**Rabbinic Judaism's answer, continued:** Similarly, all oats are heat-treated to prevent them from becoming rancid; if this heating is done with “wet” steam, the oats/oatmeal may be *chametz*. On the other hand, barley (a.k.a. pearled barley) is processed without water, and therefore a standard bag of barley isn't *chametz*. However, some barley is steeped in water until the barley begins to sprout; this creates a product known as barley malt (a.k.a. malted barley, malt) which is definitely *chametz*.

# Points of Contention

## *Is Regular Flour Kosher for Passover?*

**My view - I agree with the Karaite tradition here: Plain flour is not *chameitz* unless it contains *chameitz*.** Check the ingredients and the status of the flour if from an opened container. If the ingredients contain “yeast” then it is *chameitz* and not kosher for Passover. If there is any evidence of fermentation in the flour, it is *chameitz* and not kosher for Passover.

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# My Conclusions

My conclusion is that the following items can be Kosher for Passover and *Chag HaMatzot*.

- Wine
- Vinegar not made from the 5 (or 6) grains
- Yogurt and Cheese
- *Matzah* marked “Not for Passover” (depending on what is in them – I’ve seen some “Matzos” with yeast listed in the ingredients!)
- Baking Soda and Baking Powder
- *Kitniyot*
- Autolyzed and hydrolyzed yeast extract
- Flour from the 5 (or 6) grains that is without fermentation